
Recreation Management and Youth Leadership

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College of Health and Human Performance Advisement Center
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Admission to Degree Program

All degree programs in the Department of Recreation Management and Youth Leadership are open enrollment.

The Discipline

Students in the Department of Recreation Management and Youth Leadership may choose an undergraduate emphasis from the following areas: leisure services management, therapeutic recreation, or Scouting education. Though the three areas represent diverse and unique approaches, they share the commitment to a service-oriented profession.

Depending upon the particular emphasis, courses prepare students in the areas of leadership skills, systems management, budgeting and finance, program development, facilities management, and current issues in the field. Because of the nature of the profession, course work may not be limited to the Recreation Management and Youth Leadership Department. Course work in the related disciplines of business, behavioral sciences, health sciences, exercise sciences, family sciences, and life sciences may be required.

Career Opportunities

The curriculum will prepare students to provide professional services designed to meet the recreation, leisure, and youth leadership needs of communities, families, and individuals. Employment may be found in community (municipal/government) recreation agencies; private, commercial, industrial or military recreation programs; youth agencies and Scouting; clinical treatment settings (hospitals) or adaptive programs for people with disabilities; state and national parks; and/or educational settings.

Graduation Requirements

To receive a BYU bachelor's degree a student must complete, in addition to all requirements for a specific major, the following university requirements:

- The university core, consisting of requirements in general and religious education (See the University Core section of this catalog for details. For a complete listing of courses that meet university core requirements, see the current class schedule.)
- A minimum of 30 credit hours in residence
- A minimum of 120 credit hours
- A cumulative GPA of at least 2.0

Undergraduate Programs and Degrees

BS Recreation Management and Youth Leadership
Emphases:
Leisure Services Management
Therapeutic Recreation
Minor Scouting Administration

Students should see their college advisement center for help or information concerning the undergraduate programs.

Graduate Programs and Degrees

MS Youth and Family Recreation

For more information see the BYU 2007–2008 Graduate Catalog.

BS Recreation Management and Youth Leadership: Leisure Services Management Emphasis (54 hours*)

Major Requirements

1. Complete the following foundation requirements:
PMgt 321.
RMYL 189, 301, 304, 307, 320, 485, 486, 487, 491.
2. Complete 2 hours from the following:
RMYL 199R.
3. Complete 12 hours from the following:
RMYL 496R.
4. Complete 12 additional hours from one of the following specializations:

Community Recreation

- a. Complete the following:
RMYL 412.
- b. Complete at least one business skills course from the following:
Bus M 340.
Org B 327.
- c. Complete at least one leisure management course from the following:
RMYL 371, 405, 483, 493.
- d. Complete at least one programming course from the following:
ExSc 276, 277.
Hlth 320.
RMYL 215, 216, 223R (only one 223R course will count for the program).

Commercial Recreation

- a. Complete the following:
RMYL 405.
- b. Complete 9 hours from the following:
Acc 200.
Bus M 300, 340, 371R, 372.
Org B 327.
RMYL 483.

Outdoor Recreation

Complete the following:
RMYL 223R (2 sections), 426, 427.

Youth Leadership

- a. Complete the following:
RMYL 244, 306, 451.
- b. Complete 4 hours from the following:
MFHD 333.
Org B 347.
RMYL 215, 223R, 351R, 371, 412, 483.

Note: RMYL 223R must be a camping skills section.

Note: Only one 223R or 351R course will count for the program.

*Hours include courses that may fulfill university core requirements.

BS Recreation Management and Youth Leadership: Therapeutic Recreation Emphasis (57 hours*)

General Information

1. Students are advised to take Stat 221 to fulfill their Languages of Learning general education requirement.
2. First aid and CPR certification must be obtained before completing the RMYL 496R internship experience.
3. Most agencies now require therapeutic recreation specialists to be certified through the National Council on Therapeutic

Recreation Certification (NCTRC). Students should consult the NCTRC candidate information at www.NCTRC.org to ensure eligibility to sit for the certification exam. To practice in the state of Utah, the law also requires a licensure exam.

- Students will be required to complete two extensive advising sessions as they declare their major and as they begin their therapeutic recreation core courses.

Major Requirements

- Complete the following foundation courses:
P Mgt 321.
RMYL 189, 304, 307, 320, 370, 471, 472, 473, 486, 487.
- Complete 2 hours from the following:
RMYL 199R.
- Complete 12 hours from the following:
RMYL 496R.
- Complete the following:
PDBio 205, 220.
Psych 220, 342.

*Hours include courses that may fulfill university core requirements.

Minor Scouting Administration (18 hours)

Minor Requirements

- Complete the following:
RMYL 350, 451, 455, 457.
- Complete 6 hours from the following:
RMYL 496R.

Recreation Management and Youth Leadership (RMYL)

Undergraduate Courses

123. Introduction to Outdoor Recreation. (2:1:3)
Participation in a variety of outdoor activities.

189. Field Studies in Leisure Services and Therapeutic Recreation. (1:1:0)
Field trips to exemplary leisure service and therapeutic recreation agencies. Facility operations, design, management techniques and philosophy, marketing, and accessibility. Fee.

199R. Academic Internship: Practicum. (1–3:1:Arr. ea.)
Internship or cooperative education experience evaluated by supervisor and posted on student's transcript.

215. Social Recreation Leadership. (3:2:2)
Leadership skills for directing large social groups.

216. Crafts for Recreation. (2:1:3)
Administering and developing hobby craft skills for the recreation practitioner.

223R. Outdoor Skills Leadership. (2:2:4 ea.)
In-depth approach to leadership skills in selected outdoor specialty areas, including camping, hiking and survival, basic backpacking, winter camping, mountain biking, fly-fishing, sailing, river recreation, rock climbing, family outdoor recreation, and outdoor therapeutic recreation skills.

244. Introduction to Youth Leadership. (2:2:2)
Role of youth leadership within the American culture; career opportunities.

265. Scouting in the Church. (2:2:0) F, W, Sp
Scouting as a means to bring young men to Christ and accomplish the purposes of the Aaronic Priesthood.

301. Family Recreation. (3:3:0)

Exploring the role of family recreation in building successful families.

304. Leisure in Contemporary Society. (3:3:0)

Problems and opportunities resulting from the leisure era.

306. Youth Agency Administrative Functions. (3:3:0)

Organizational and operational practices of youth agencies on the administrative level.

307. Accessible Recreation. (3:3:0)

Making the recreation/leisure experience accessible to all people. Applications and implications of ADA in recreation/leisure settings.

320. Program Management. (3:2:1) Prerequisite: RMYL 199R, 304.

Organizing and administering community programs.

350. Boy Scouts of America Programs. (3:3:0) F

Boy Scouting, Varsity Scouting, and Venturing techniques in building codes of conduct, measurement of personal honor, and peer leadership ability.

351R. Venturing Outdoor Leadership. (2:2:2) F, W, Sp

Hands-on leadership experience and learning about group dynamics through outdoor experiences within a BSA Venturing Crew.

370. Introduction to Therapeutic Recreation. (3:3:2) Prerequisite: RMYL 199R, 304, 307; PDBio 205 or 220.

Philosophy, agencies, professional organizations, services, programs, practices, and disability groups related to therapeutic recreation.

371. Facilitating Meetings and Conferences. (3:3:1)

Identifying roles of process facilitators as they plan and conduct meetings, activities, and conferences.

405. Commercial Recreation. (3:3:0) F For junior and senior students.

Entrepreneurial strategies; economic concepts applied to commercial recreation; steps of feasibility study and operations management.

412. Computer Applications for the Recreation Profession. (3:3:1) Prerequisite: for majors only.

Orienting the undergraduate student to computer applications in the field of recreation management and youth leadership.

421. Outdoor and Experiential Education. (3:3:0) F Prerequisite: instructor's consent.

Philosophy of outdoor and experiential education. Teaching methodologies and skills appropriate for outdoor education.

422. Organizing and Leading Outdoor Programs. (3:3:0) F Prerequisite: instructor's consent.

Preparing to organize and lead effective and safe outdoor and adventure programs through experiential learning opportunities.

423. Management of Outdoor Systems. (3:3:0) Prerequisite: instructor's consent.

Social, economic, political, and resource issues related to natural resource management. Policies of federal land managing agencies.

424. Wilderness First Responder. (3:1:6) F Prerequisite: instructor's consent.

Preparing to provide basic and advanced first aid in back country settings using classroom and field instruction.

426. Conservation and Outdoor Leadership Training (COLT) Preparation. (3:3:2) W

Outdoor recreation, management, leadership, and interpretation as it prepares students physically, intellectually, and socially to participate fully in the COLT program.

427. Conservation and Outdoor Leadership Training. (5:5:5) Su

Intensive, six-week experience developing outdoor skills, leadership, and management competencies. Fee.

451. Youth Agency Finance. (3:3:0) F, W

Financing youth agency programs, facilities, and services.

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455. Boy Scouts of America Leadership. (3:3:0) W

Necessity and value of a personal code of ethics, personal management, and leadership in professional Scouting service.

457. Boy Scouts of America Administration. (3:3:0) F

Administrative practices used by nonprofit settings in which volunteers and professionals give leadership.

471. Assessment in Therapeutic Recreation. (3:3:2) Prerequisite: RMYL 189, 304, 370; PDBio 205, 220; instructor's consent.

Patient assessment techniques and program plan development.

472. Program Dynamics in Therapeutic Recreation. (3:3:2)

Prerequisite: RMYL 471.

Comprehensive, specific, and individual program design; assessment interviewing; documentation of patient progress and facilitation techniques; intervention strategies.

473. Issues in Administration of Therapeutic Recreation. (3:3:0)

Prerequisite: RMYL 471.

Issues related to personnel/clinical supervision, standards of practice, ethical behavior, program evaluation, quality management, financing, organization, administration, leisure education, and credentialing in therapeutic recreation.

483. Public Facility Management. (2:2:0)

Understanding public facility management: stadium, arena, convention center, performing arts center, etc. Box office, security, staging, food service, utilities, housekeeping, crowd management, event coordination, promotion, contracts, television, lighting, sound, press relations, etc.

485. Management of Recreation Services. (3:3:0) Prerequisite: RMYL 199R, 304.

Personnel, financing, legal aspects, and city and departmental organization of recreation systems.

486. Legal Aspects and Risk Management of Leisure Services. (3:3:0) Prerequisite: RMYL 307, 485.

Legal and risk management issues in recreation/leisure settings.

487. Research and Evaluation. (3:3:0) Prerequisite: RMYL 320 or instructor's consent.

Academic and practical training to assess community recreational needs.

488R. Advanced Training. (1:1:0 ea.) F, W, Sp, Su

BSA training experiences such as Woodbadge, Camp School, JLT training, and Jamboree Leadership.

491. Recreation Facility Planning. (3:3:0) Prerequisite: instructor's consent.

Developing facilities for public and private recreation programs.

493. Park Planning and Development. (2:2:0)

496R. Academic Internship: Senior Project. (1–12:Arr.:Arr. ea.)

Prerequisite: RMYL 199R, 481, and instructor's consent.

Full-time professional internship.

497R. Special Topics and Research. (1–3:Arr.:0 ea.) Prerequisite: instructor's consent.

Special topics and research in recreation management and youth leadership.

499R. Honors Thesis. (3:0:0 ea.) Prerequisite: departmental approval.

Thesis project representing independent work and reflecting highest standards of undergraduate achievement. Must receive both departmental and Honors Program approval.

500-Level Graduate Course (available to advanced undergraduates)

599R. Academic Internship. (1–8:1:40 ea.) Prerequisite: instructor's consent.

Professional leadership practicum.

Graduate Courses

For graduate courses, see the BYU 2007–2008 Graduate Catalog.

Recreation Management and Youth Leadership Faculty

Professors

Freeman, Patti A. (1999) BS, Brigham Young U., 1988; MS, Western Illinois U., 1989; PhD, Indiana U., 1993.

Gray, Howard R. (1979) BS, MA, Brigham Young U., 1969, 1970; PhD, Pennsylvania State U., 1977.

Hill, Brian J. (1999) BS, Brigham Young U., 1986; PhD, Clemson U., 1994.

Widmer, Mark A. (1995) BA, MA, Brigham Young U., 1988, 1990; PhD, U. of Utah, 1993.

Teaching Professor

Palmer, Gary K. (1968) BS, MRE, EdD, Brigham Young U., 1966, 1967, 1981.

Associate Professors

Nelson, Douglas C. (1976) BS, MRE, Brigham Young U., 1973, 1976; PhD, U. of New Mexico, 1995.

Zabriskie, Ramon (2000) BS, MA, Brigham Young U., 1989, 1993; PhD, Indiana U., 2000.

Associate Teaching Professor

Harris, Bradley D. (1980) BS, Brigham Young U., 1980.

Assistant Professors

Lundberg, Neil R. (2006) BS, MS, Brigham Young U., 1995, 1997; PhD, Indiana U., 2006.

Taniguchi, Stacy (2005) BA, U. of Alaska, 1975; MS, U. of Utah, 1981; PhD, Brigham Young U., 2004.

Ward, Peter J. (2006) BA, MBA, PhD, U. of Utah, 1997, 2003, 2007.

Instructor

Barney, Keith W. (2006) BS, Brigham Young U., 1984; MSW, Portland State U., 1988.

Emeriti

Catherall, Thomas S. (1971) BS, MA, EdD, Brigham Young U., 1965, 1975, 1980.

De Hoyos, Benjamin F. (1961) BS, MA, Brigham Young U., 1956, 1961; PhD, U. of Utah, 1969.

Hafen, William J. (1954) AS, Snow Coll., 1948; BS, Brigham Young U., 1950; MA, Washington State U., 1953; EdD, U. of Utah, 1968.

Hansen, John (1966) BS, MRE, Brigham Young U., 1964, 1966.

Heaton, Israel C. (1956) BS, MS, Utah State U., 1940, 1941; ReD, U. of Indiana, 1955.

Naylor, Jay H. (1959) BS, MS, Brigham Young U., 1958, 1959; EdD, U. of Utah, 1973.

Olsen, Burton K. (1965) BS, MS, Brigham Young U., 1963, 1964; PhD, U. of Minnesota, Minneapolis, 1970.

Skinner, Rulon Dean (1969) AA, Eastern Arizona Coll., 1950; BA, MA, Brigham Young U., 1954, 1971.

Thorstenson, Clark T. (1969) BS, MRE, Brigham Young U., 1962, 1965; PhD, U. of Utah, 1969.